

# the graphos

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## Fitness craze sweeps NUHS

by Kim Bowar  
Graphos Reporter

Whirrrr... whoosh... Wham! Bam! Slam! Ugh. Uff. Ooouch... Those are the sounds of weightlifter Rick Loose being thrown through a wall while working out on a treadmill. Just as Loose has made a lasting impression on the wall at the Fitness Center, so has the Fitness Center made a lasting impression on the many students who go there.

Including the three area schools and DMLC, there are approximately one hundred students who are taking time out to look and feel better at the Fitness Center, which is owned and operated by Sioux Valley Hospital and directed by Susan LeBlanc. A big plus for the Center is their friendly and helpful staff. Instructor Mike Sharpsteen, a popular favorite among the students, thinks the rush of students working out is "positive — they're developing good habits. It's a good place to come; it keeps them off the streets and out of trouble." Another staff member, Dan Morton, says the time students come, usually between 3:00 and 5:30, is "hectic — but a lot of fun. It's very social." He also feels this new trend among Americans is great since our society has become desk-bound. There is a real need for exercise.

**"Making time to exercise has become essential in most Americans' lives. In fact, it has become a national trend."**

Workers in the nation have become desk riders and our own lives become increasingly easier because of machines and technology. Lack of exercise can lead to heart, lung, and bone problems as we age. Making time to exercise has become essential in most Americans' lives. In fact, it has become a national trend.



Jon Drill sneaks a peek of his physique while working out at the Fitness Center.

Students at NUHS are going along with the fitness craze at the Fitness Center. It offers so much variation with stationary bikes, treadmills, free and universal weights, and aerobic classes. There is also a tanning bed and a sauna. The sauna happens to be Loose's favorite these days. At least it's safe in there! There is most certainly something for everyone. The atmosphere is relaxed and informal. As Andy Boehlke puts it, "You don't have to be a 'big guy' to go lift." It's also a lot of fun with plenty of socializing. Heather Brennan feels that's the best part — staying in shape along with all her friends.

Several guys joined the Center to prepare for football. Now their routine is carrying them through the winter. A typical routine is to work five days a week for two or three hours a day. Three days a week they work the upper body, two days a week on their lower

body. Jon Drill and Nate Wilner are seeing obvious physical improvements from their lifting. Wilner is gaining weight and feeling stronger, and Drill has set a lifetime dedication to staying fit. Andy Hammerschmidt, varsity football, basketball, and baseball player, makes time to lift six days a week either before or after practice. He, too, has noticed definite improvements in his strength and speed.

There is also more to be found at the Fitness Center than just weightlifters. Aerobics is a real female favorite. The classes are usually one hour long and can range from low to high impact including toning and stretching. Sara Burnett, Jen Gluth, and Kelly Moelter, originally joined to stay fit for the tennis season, but they're still going and are hooked on staying fit. Burnett enjoys the variation aerobics offers. They all like looking and feeling better. Gwen Bloedel joins the others for the

after school classes. "I really look forward to the exercise after sitting all day." Another girl explained, "It's a great place to watch guys work out. Oh, and I guess the exercise is nice, too!"

The Fitness Center has also arranged for the hockey team to benefit from their services. The team does aerobics, stretching, and weights every Tuesday. Chad Roeder and Tom Hudrlik decided their favorite things ranged from the bench press to the sauna — anything but aerobics! Greg Sellner likes the "good feeling" he gets from working out. Bob Windschitl is seeing constant improvement. Chad Wieben says he really likes it there and is planning to join in the spring to prepare for track.

**"It's a great place to watch guys work out. Oh, and I guess the exercise is nice, too!"**

Americans are not the only ones swept up in the fitness craze. Jorge Varona says Spain has become fitness oriented also, but not to the extremes Americans take it. Jorge is a lifeguard in Spain and finds the Fitness Center a nice change to his usual swimming workout.

Given the scenario of ten years into the future, all the students were certain they'd be keeping fit with some sort of regular exercise. This must be saying that among the clank of the weights, whir of the bikes, and the loud beat of the music, there is more going on than just fun and socializing — good mental and physical health are being generated along with developing good lifetime habits.

**Editor's note:** a special thanks to the helpful staff at the Fitness Center and to all the students who offered their insights.

## New addition sparks interest

by Jen Lomax  
Graphos Reporter

Some of you may be wondering what addition is being built adjacent to the ag department, or you may not even know about the addition. Well, the room is a greenhouse and can be used by several different classes in the senior high.

The plans for the greenhouse were drawn up last school year, and actual construction started in October 1988. All work has been done by the students in the Ag Mechanics and Horticulture classes. The greenhouse is almost complete and the first "crops" will be planted in February.

The size of the room is 14' by 32' and has a brick floor. The bricks were donated by Courtland Concrete Products. The windows for the greenhouse are not made of glass but of Lexon. This material is about one-half the cost of glass. It is also indestructible and the chance of vandalism has been reduced. The greenhouse was built with an all wood frame and has unusual solid end-walls instead of glass.

**"Many of those flowers will be used for landscaping the school grounds so the greenhouse will provide numerous benefits to the school and its students."**

Frank Stuckey is one of the teachers supervising the building of the greenhouse. "The students had a lot of fun building this project. Each person has enjoyed different things; many have found one particular job they are good at and have concentrated on that job." Stuckey feels that this addition will become another teaching station in the school. It gives the students a chance to work outside of the classroom. Many students have taken their free time to come to the school and work on the greenhouse.

Flowers and different kinds of vegetables will be grown in the greenhouse. Many of those flowers will be used for landscaping the school

Greenhouse continued on Page 4



The greenhouse recently sprouted up at the south end of the Senior High.

# editorial

## Challenging courses needed



by Kara Olsen  
Graphos Editor

What has happened to the work ethic of today's American teenagers? During our years at NUHS, we have sensed a strong desire in students to get good grades. Unfortunately, this desire has led to poor class selections by very capable students.

Many students are so concerned with maintaining a high grade point average they lose sight of what schools were created for — **LEARNING.**

**"It's my senior year; I've earned the right to take it easy."**

We've overheard many students in the hallways saying, "It's my senior year; I've earned the right to take it easy." These students forget that colleges or vocational schools are more difficult than high school. Students would be doing themselves a favor if they took challenging classes that would benefit them in the future. These tougher classes prepare students for post high school courses. Students

planning to enter the job market after graduation should remember the classes they take during their senior year may be their last chance at a formal education.

If the student is a sophomore or junior, their rational for taking an easy class load includes the story, "I've got to have a high grade point average or colleges won't think about accepting me." What these students fail to realize is that colleges and vo-techs spend a great deal of time looking at which classes you take and how difficult they are. It is always helpful to remember that a B in an advanced class means much more than an A in a slough class.

**"Students planning to enter the job market after graduation should remember the classes they take during their senior year may be their last chance at a formal education."**

Another one of the complaints we hear from students is that their friends aren't taking third year Spanish or that only the brains sign up for Chem II. We know it is hard to believe, but your school friends are not going to be with you forever. Someday soon you will have to develop confidence in your own abilities.

It's not which classes students take that is important. What is important is this: are they avoiding classes they may need for fear of getting a low grade? If you're one of those students who think you are clever taking easy classes and getting all A's, we would like to remind you that "You're only hurting yourself!"

Sophomores and juniors who have just finished registration for 1989-1990 should keep in mind that it is not too late to make schedule changes.

## Winter blahs eliminated

by Shannon Johnson  
and Amy Dahl  
Graphos Reporter

It's that time of year again. A time when we are blessed with some of that white stuff. Yes, you guessed it — snow. We all love a snowstorm if it happens during the week and we get out of school, but did you ever notice that bad weather always comes on the weekends? Of course you did; you're not stupid.

Along with the snowstorm comes the winter blahs: a strange disease which causes the body to go into a state of mindless boredom because there's nothing to do.

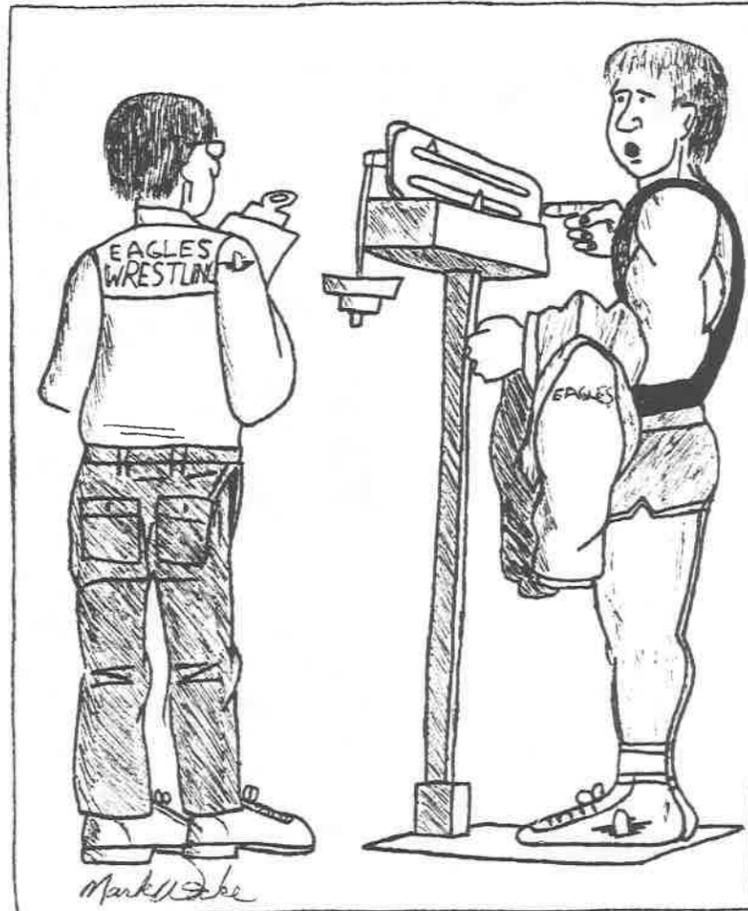
But never fear, we have come up with several ways to cure those winter blahs. So if you are stuck with this potentially fatal disease, we suggest you try a few of the following remedies:

1. Paint your dog's toenails
2. Look at your first grade year-book and try not to laugh.
3. Try to find two snowflakes that are identical.

4. Dye your hair green.
5. Use your mom's new cashmere sweater to mop up the Mountain Dew you spilled on the floor.
6. Have a large Domino's pizza delivered to your ex's house.
7. See how many licks it takes to get to the center of a Tootsie Roll Pop.
8. Paint your goldfish purple.
9. Call Alissa Milano's Teen-Steam Line (but only if you are extremely desperate).
10. Memorize all the words to the song "Mediate" by INXS.
11. Replace the worn down pink slip resistant flowers in the bottom of your bathtub.
12. Write a letter to your congress-woman.
13. Tie your little brother up in the closet and see how long it takes him to get out.
14. ...and if all else fails, you could, although it is not recommended, clean your room.

**WARNING:**The above remedies are only suggestions and should be used at the reader's discretion.

**CAUTION:** If symptoms persist, consult MTV immediately!



**"HOW CAN I STILL WEIGH THIS MUCH AFTER TAKING MY JACKET OFF?"**

## The dating game

by Cathy Blomquist  
Graphos Reporter

Remember the days of junior high? When it came to dating, we tried so hard to get a date with that special someone, yet we never wanted them to know we were interested.

Well, now that we're mature adults, we can look back on those days with pride — and of course, humiliation. Junior high was the beginning of our road to maturity, and dating, of course, was the object of our lives. Gosh, we did some pretty stupid things, but that's all in the past. Or is it? Unfortunately, some of those junior high dating customs have mysteriously followed us to the senior high.

There are certain dating customs that we are very familiar with here at NUHS. These dating and pre-dating customs take place every day in the halls and can usually be witnessed near the sophomore or junior locker section of the school.

For instance, have you ever been scared senseless by the noise of shrieking girls while walking down the hall? If so, the shrieking can probably be attributed to sophomore girls. The cause? Most likely a senior guy.

How about those secret notes? Have you ever seen little notes stuck on cars or on lockers? Well, that's another one of those foolish customs that has followed us to senior high. But communication is a vital part of a relationship, so those secret little notes are acceptable.

Being in the right place at the right time is probably the key to establishing a mature relationship. This tactic is pretty well mastered by senior girls, although some juniors and sopho-

mores use it, too. It goes something like this: if a boy is going to a basketball game, you should show up at the game. If the boy plays basketball, attendance is an absolute must.

The work place is another good place to "bump into" that certain someone. If your potential date works at Randall's, then it is pretty much decided that you **will** be doing your shopping at Randall's. Going to the work place gives you the opportunity to see the special someone in action. And what better way to see them?

What if, after days and even weeks of trying to get that special person to notice you, the previous plans have failed. Now what? You have only one choice. Make them jealous. This tactic seems to be most favored by males, but it's used by both sexes. Here's how it works: Your potential boyfriend has failed to acknowledge your efforts, so you start on someone else — usually his best friend. This strategy makes the person jealous, and hopefully he will notice you soon.

Unfortunately, this plan, like all the others, is fallible. So remember this: we hope you never have to use it, but there is one other way to get a date with that special person — ask him.

## the graphos

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## Class rings remain a strong tradition

by Jennifer Freiheit  
Graphos Editor

The cliché "Some things never change" still holds significant meaning for today. Class rings were around years ago, and they're still going strong in the late 1980s. Some students may not attach much meaning to a class ring, but its strong tradition still continues. Of course, not everyone wants a class ring. There are many good reasons to buy a ring and many not so good reasons.

The biggest seller of class rings is Jostens. No big surprise there! Since 1897 the company has been handcrafting rings for high school students. They have also made Championship, Super Bowl and World Series rings, 1984 Olympic medals, and 1988 Winter Olympic medals.

**"The Jostens Company is the largest and most respected supplier of handcrafted class rings."**

Each fall Jostens representatives come to NUHS and sell class rings to sophomores. Making the sales pitch to sophomores is different from just a few years ago. Previously only juniors were allowed to buy class rings. The senior class this year bought their rings as juniors.

What follows is not an advertisement for Jostens but only information students need before deciding to buy a class ring. The Jostens Company is the largest and most respected supplier of handcrafted class rings. They use only the finest quality of metals. They offer many different designs, great variety of

find stones, and custom features to make rings individual. Jostens also guarantees satisfaction with a full-lifetime warranty. There are also many free Jostens services for the lifetime of the ring such as resizing, repolishing, refinishing, yeardate change, school name change, and stone replacement.

Besides creating a ring that you will like, you also have to consider the money factor. No matter if you get 14k gold or Aurora (gold look without the price) or white gold or Lstrium (like silver), a sizeable chunk of money will be needed. For some, a class ring is not important. Some girls want a nice ring, but not a class ring. There are trade-in possibilities for class rings after high school. If you go to college, you can use the value of your ring to help buy a college ring. You can also trade your ring into Jostens and receive a cash amount but not the full amount paid. Another possibility involves melting the metal of the ring and making a new ring.

Another side of class rings that needs discussion is the boyfriend/girlfriend situation. Boyfriends still exchange their rings with girlfriends.

Other than class rings, Jostens continues to play a large part in everyone's high school years. Each year a Jostens yearbook representative helps advise the school's yearbook staff on layout, cover design, and colors. Jostens then publishes the yearbooks. As seniors there is the opportunity to order Senior Keys, Memory books, senior picture books, and extra graduation tassels. For graduation, one may purchase Announcements, Open House cards, Name cards and Thank You cards — all from Jostens.



Students are able to choose from a "handful" of class rings available through Jostens.



Cast members of one Act Play are Jason Nado, Stacey Deopere, Tim Boelter and Anne Reilly.

## Play offers challenge

by Jen Nagel  
Graphos Reporter

Competition and a striving for excellence walk hand in hand with the challenge dramatics presents at a one act play competition. One of the many events sponsored by the Minnesota State High School League, one act play participants perform at different levels of competition. Beginning at the district level, the cast could potentially continue to the state level.

**"They were judged on a point system but, more importantly, were also critiqued."**

As an example of how a one act competition is run, director Ron Eyrych explained the district event held in Fairmont on a Saturday late in January. Casts representing Worthington, Fairmont, Marshall, and New Ulm converged with each cast limited to a maximum of nine actors and actresses. Three judges and the other participants watched the plays of each school. None can be longer than 35 minutes. They were judged on a point system but, more importantly, were also critiqued. The judged talked with the cast and director about their presentations focusing mainly on the positive aspects. Later the judges voted to determine winners, who would then progress to the next level of competition.

New Ulm High School's entry into

the competition was "Butterflies Are Free." The cast consisted of four individuals: Tim Boelter played Don Baker, a blind man; Stacey Deopere his mother, Mrs. Baker; Jason Nado as Ralph Austin, a producer; and Anne Reilly played Jill Tanner, the ex-girlfriend of Don, who is in the process of moving in with Ralph. Don, Ralph, and Jill are all in their early 20s beginning their adult life in New York City. Don is struggling more than the others because he has to overcome his blindness. The play portrays the romance that is ending. It intermingles subtle humor with real life conversations and situations.

The cast rehearsed for three weeks prior to the competition. Reilly said she auditioned initially to see if she could make it and was excited when she got a part. Nado enjoyed the play; "Ron's a good director." Tim Boelter stated, "It's a good experience and it's fun." The cast agreed they needed patience with each other because the practices at times got to be long. "We're ready to kill each other sometimes, but it was fun," commented Reilly.

All the cast expressed their disappointment and frustrations that our high school has no auditorium. They had to practice in different locations for several nights. However those who worked on building the set as well as those who were part of the cast seemed to be excited about their one act play, "Butterflies Are Free."

## Childhood days are remembered

by Sonja Holm

Being a little kid is something most people enjoy. I enjoyed it very much, and there are many things I miss about being little. I miss the winter afternoons that were spent outside with the neighborhood children. Now all the neighborhood children aren't children anymore, and the times spent in winter are missed by all who were involved. I believed in Santa Claus, The Easter Bunny, and The Tooth Fairy. Now I know the truth about these mysterious people, and some of the magic of the holidays is gone. I used to think sitting on my mom or dad's lap would cure any type of hurt, but now I'm much too big for that. I miss all of these things very much.

The first snowfall always put our

neighborhood in a frenzy. There was always a fight to see who could put the funniest clothes on the snowmen. After the snowmen were built, somebody would start a snowball fight. When we decided we were too wet to play anymore, or dry mittens were no longer available, we would end the day by warming up in somebody's house drinking hot chocolate. These are times I will remember and have missed over the years.

Another thing I miss about being a little kid is believing there are magical people who bring me gifts on holidays. Christmas Eve is no longer a time to look out the window and wait for Santa to bring me the gifts I desperately wanted. Now I tell my sister about all

the magic of Santa and wonder when she will stop believing. I always wondered why the Easter Bunny had the same candy we did. I thought the Tooth Fairy was a tiny person with a lot of love for children's teeth. When I discovered the truth, I was heartbroken. I miss thinking a beautiful fairy had taken my tooth in exchange for money. Because I know the truth about these people, some of their magic has disappeared.

The thing I miss most about my childhood is thinking that sitting in the chair with my mom or dad would cure any problem. If I had fallen down and scraped my knee, I would crawl into one of my parent's laps, and the pain would vanish. When my playmates

didn't want to play and I thought they didn't like me anymore, sitting with my mom or dad made me feel loved again. Whenever something is bothering me, the urge to climb on one of my parents' lap and go to sleep is very strong. As I grew older and my problems became bigger than a scraped knee or a friend not wanting to play, I learned that talking and acting cured problems. I realized that parents' laps are comforting but can't cure everything. I miss these times very much.

Childhood should be a treasured time in a person's life. It was in mine. There are times in my life that I wish I were a child again, but I know that's not possible. I miss my childhood, but the memories remain special.

# people

## Dynamic duo splitting up



Joe Fortwengler will retire at the end of this year.

by Mark Martens  
Graphos Reporter

There is a very dedicated couple employed by the New Ulm Public Schools. They assist in the care of our building and the feeding of our students. NUHS will be losing one of its best when the husband of this dynamic duo retires at the conclusion of this school year. If you have not yet figured out who this couple is, they are the Fortwenglers. Joe and Anna have been employed at NUHS for the past 12 and nine years respectively.

Joe grew up in the New Ulm area. He was born in 1923 and has lived here his entire life. He attended St. Mary's grade school for only one year and then went to a country schoolhouse. When he completed his schooling, he began to farm. Following several years of that, he was employed at his first janitorial position at the Union Hospital. He then worked on a construction crew building Highway #15. His final employment before coming to District 88 was tending greens and fairways at the Country Club for seven years.

Joe absolutely loves his work at the school enjoying the interaction he gets with the students. He remarked that the most rewarding thing about his job is how nice everyone is to him. Being friendly is something that comes very easily for Joe and that fact alone makes his job easier. He enjoys poking fun (although he uses a different expression for this) at students and does not mind in the least when they kid him. He said that he would like to keep his job for another 10-15 years, but that his body will not allow him that pleasure.

Many of you who know Joe are probably wondering what type of chewing tobacco he prefers. His choice is unquestionably Copenhagen, with a little Beech Nut mixed in for extra flavor. He does not ridicule people who chew, but those who chew, please note: "Clean up your act!" He despises those who leave their used

chew in the drinking fountains, in the hallways, or on the steps. He referred to garbage cans as being handy places for a used dip. Along with this request, he warned all who chew: "I have already lost one set of teeth, and have paid a bundle of money to replace and cap my old ones. Chewing is a bad habit to start; try to quit before it is too late."

His political views are that of a pretty average American. Joe believes that the U.S. and Russia are making excellent progress and will achieve much greater gains in the area of nuclear disarmament.

Joe's wife, Anna, is also a dedicated school employee. She has been the head cook in the school cafeteria for years. Surprisingly, her most enjoyable and favorite hobby is cooking. She also enjoys gardenwork and many crafts. Her plans for the future do not include retirement. She says she'll work until they fire her. The love of her job is too much for her to retire.

Her background is typical for one living in this area. Anna was born in Germany and lived there until the age of 16. In 1955 she boarded a ship headed for the Land of Opportunity. After landing in New York City she boarded a train heading for New Ulm because a cousin had been living here for five years. She got a job that involved caring for an ill woman, who happened to be Joe's mother. Joe and Anna were wed on September 27, 1956, after one year of living in America for Anna. They have enjoyed 32 years of marriage and are still going strong.

If you, in your passing through the halls or the lunch line, happen to encounter one or both of these individuals, take the time to thank them for their efforts. We often take school services for granted. Don't pass up the chance to show your appreciation. Thanks for all the clean rooms, hallways, bathrooms, and the great memories, Joe. We wish you the best! And Anna, keep on cooking that food, even though we may complain a bit from time to time.



Surprisingly, Anna Fortwengler's favorite pastime is cooking.

## Poet As I Am

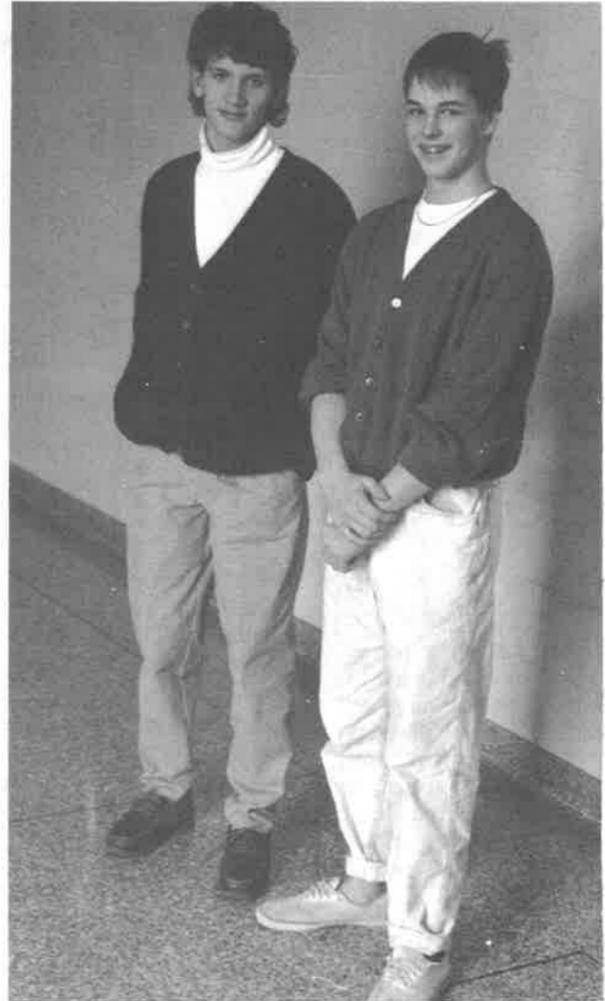
Beauty of the wild.  
Voyage into the mystic  
places of my mind.  
Bring me flowers from  
beyond the silent garden.  
I'm always good for  
the chase and  
ready to run.

by Matt Pagel

## Strange As the Moon

I interest the hot minds,  
the stray cats, and  
the riders of night.  
When you've been there  
you see the sites.  
If not, you never went.

by Matt Pagel



Bobby Meyer and Travis Roth dress for success.

## Students dress up hallways

by Heather Newburg  
Graphos Reporter

Nineteen Eighty-Eight has come and gone. Magazines, newspapers, and other publications are printing up their "best and worst" lists, which range from the ten best cars of 1988 to best moments in sports. They also choose the best looking men and the most beautiful women of the year. Here is our list of the best dressed people of 1988 at NUHS.

**"Somebody who makes a fashion statement is definitely unique."**

Who is a best dressed person? Is it someone who wears Esprit clothing every single day of her life? Well, many NUHS students believe so. One student commented, "Generally, a person who is always wearing the latest brand name fashion is one of the 'best dressed' people." Well, if one is lucky enough to be in that category, consider yourself a "best dressed" person.

However, that attitude is not the only one existing. "Somebody who makes a fashion statement is definitely unique. He or she is definitely 'well' dressed." If Grandma's closet is fascinating, and she'll let you borrow her clothes, you're in luck! And guys, Grandpa's old overcoat would be a gem.

**"If a person can put clothes together, just any miscellaneous clothing, and have it match and look great, then that person has talent!"**

Coordination seems to be one of the most common answers to the question, "What makes a person 'best dressed'?" One student said, "If a person can put clothes together, just any miscellaneous clothing, and have it

match and look great, then that person has talent!" Obviously, if students are appealing to another's eye, they are well dressed.

In my opinion, I think everyone is "best dressed" if they wear what they want to and aren't heavily influenced by the opinions of others. Everyone is an individual. If one likes black leather, then that's what that person sees as fashionable. If someone likes tons of color in an outfit, then that's stylish.

The following students have been suggested as some of the "best dressed" people at NUHS. They were chosen in an informal manner by their fellow students. Congratulations!

### SENIORS

Bob Meyer  
Lee Haseman  
Nikki Kragness  
Lanna Stoesz  
Amy Drum  
Kim Bowar

### JUNIORS

Dale Anderson  
Josh Crabtree  
Jill Hendricks  
Jesse Gustafson  
Jen Nagel  
Peggy Kokesch  
**SOPHOMORES**  
Travis Roth  
Mike Wenninger  
Kelly Moelter  
Vicki Ruiz  
Jen Gluth  
Steph Schultz

These students are examples of finely dressed people. They always look nice in the eyes of their peers and possess some individualism. They show coordination, style, and attitude. Some make fashion statements while others "go with the flow." Whatever the reason, they have caught the eyes of their fellow students for their "best dressed" appearances.

## Greenhouse continued from Page 1

grounds so the greenhouse will provide numerous benefits to the school and its students.

"It's been a really valuable experience," stated Mike Fischer, one of the students working on the project. "I've had a lot of fun, and I've learned a lot about what it takes to build something from scratch." Fischer said that he had no particular job in

building the greenhouse but was able to work on many different areas.

From time to time the Agriculture Department holds open houses. The student body will then be able to see the various plants and foods grown in the greenhouse. The public will also be welcome to take a look at this fine addition to NUHS.

This building gives students another opportunity to learn from the things they have grown.



Heather Walter enjoys teaching Spanish at Jefferson.

## Spanish IV students learn through teaching

by Amy Dauer  
Graphos Reporter

Several NUHS seniors are dedicating their time and energy this year to some Jefferson Elementary students. Spanish IV students have volunteered to teach first graders a few basics about the popular foreign language.

Preparing lessons and activities twice a week is a part of their teaching. The student teachers spend about thirty minutes to an hour planning the day's activities. Coming up with creative ideas was difficult at first, but children's encyclopedias served as im-

## New faces provide new friends

by Mike O'Connor  
Graphos Reporter

Who's that?

You might have asked a friend or yourself this question a few times this year because NUHS has several new students; in fact, about 30 new students have enrolled since school started last fall.

Some transferred from other schools in town or moved here because their families decided to move to New Ulm.

**Arlo Lehtinen** is a 17-year-old junior who started school after winter break. He is originally from Redwood Falls but most recently from Owatonna. He enjoys cross country and is a manager for this year's hockey team. His dad is employed by Industrial Air and moved to New Ulm because of the job. Some of you might know his sister **Brenna**; she is a sophomore at NUHS.

**Jill Callquist** is a junior and isn't a stranger to New Ulm. She is originally from New Ulm and has moved back from Sturgis, South Dakota. More of you may know her by now because she started school last fall. Others might have seen her working at McDonald's. She likes NUHS better than her previous school because "it has more choices" when registering for classes.

**Chris Ness** is also a new junior and is originally from Cottage Grove. The Nesses came to New Ulm before winter break because his dad works at the 3M plant in New Ulm. Ness is an avid weightlifter and enjoys football. He says he might try track this spring. "I feel like the people here have been pretty good about accepting me," he says. "So far I think it's a fun place because the basketball and hockey games are really fun to watch."

If you see someone you haven't seen in the halls before, he is probably a new student and possibly a new friend. Get to know some of these new students; they're all very interesting individuals.

portant references as well as ideas developed in discussions with other student teachers.

Spanish IV students are not required to teach a part of the course. If they chose to teach, the students had to decide whether they wanted to work alone or with a partner. Some chose to work by themselves but still share ideas and suggestions with others.

The first grade classes range from 25 to 30 students. Most of the pupils are anxious to learn and pay attention. They enjoy getting a break from the normal school routine. "The kids look up to high school students so much that they are extremely anxious to learn and then try to impress us with how much they know," commented student teacher Jenni Starz.

Even though the high school seniors are at Jefferson for 15 to 20 minutes, they kids really catch on quick. They may become restless and agitated but diverse activities are always planned. Duck-Duck-Grey-Duck, Around-the-World, Red Light, Green Light and other similar games using Spanish words provide the children with a chance to work off energy. All of the first grade students are involved in these activities.

Several of the student teachers feel that the time they spend teaching this year will be wasted. Over the summer the children will more than likely forget what was taught this year. First grade is the last time they'll learn Spanish until they get to the junior high school.

Rosemary Snow has found great satisfaction from working with the first graders. "They have fun and it's fun for me to see them catch on to the new ideas." Heather Walter also likes the student teaching opportunity. "It makes me feel good to give these children the chance to learn something more than just reading and math."



Up With People performed two concerts in New Ulm.

## Scottish native joins Up With People

by Ann Sundell  
Graphos Reporter

**Up With People** — you meet them wherever you go, even in New Ulm, MN. On January 6 and 7 Up With People performed in the New Ulm Junior High School Auditorium, and this reporter had a chance to visit with Barry Ballenzine, a 21 year old who was born in Scotland and moved to the U.S. with his family when he was still young.

Ballenzine's involvement with Up With People started last spring when he interviewed to become a member. After every performance anyone interested in being a member of Up With People between the ages of 18-25 is asked to come to the front of the auditorium where application information is given. The initial interview does not concentrate solely on musical talent. The interviewers are more interested in sincerity, personality, and the ability to communicate. Within six

weeks Ballenzine found out he had been accepted.

In early July the group met in Tucson, Arizona, for a crash training session before beginning their tour. This group started touring in Arizona and moved across the plains to the northeastern coast. They spent a month in Maine and in New York before coming to the Midwest.

When asked what his favorite part of being a member in the Up With People cast was, Ballenzine replied, "The community involvement. When we were in some of the larger cities we worked in the soup kitchens, sometimes we took kids out on an all day outing somewhere." He pointed out that about one-fifth of their time is spent performing and rehearsing. A majority of time is spent in the community and with their host families.

Being so far way from home for so long really isn't difficult for the cast. They are their own unique family and have their "homes away from home"

# Mono is a four letter word

by Andrea Pieser  
Graphos Editor

**"...most doctors recommend partial to complete bed rest."**

It's called the kissing disease.

Students at NUHS who have had it, define it in less glowing terms. As Kim Bowar, one of its numerous NUHS victims said, "I have the utmost pity for people who get it." The name? Infectious Mononucleosis.

The symptoms of mononucleosis include chills, fever, sore throat, and fatigue and the diagnosis is confirmed by a blood test. It is sometimes called glandular fever because swelling occurs in the lymph glands, especially those in the neck.

**"Tom Sunderman, a recent mono sufferer, is out of wrestling for the season."**

Depending on the seriousness of the case, most doctors recommend partial to complete bed rest. Most patients recover within three to six weeks although symptoms may linger for months. Shannon Johnson had a light case of mono and was absent from school for only six days. In contrast, Traci Sauers is still experiencing tiredness almost four months after its onset. During the time spent at home and in bed, the students miss many activities. Playing in the tennis sub-regions were once a part of Kim Bowar's game plan until mono forced her to end her high school tennis career. Traci Sauers has to view the State Danceline Competition as a spectator on February 18th because her strength hasn't returned. Tom Sunderman, a recent mono sufferer, is out of wrestling for the season.

Not only extracurricular activities are affected by mononucleosis. Classes sometimes must be dropped because too much time was missed that simply couldn't be made up.

living with their host families in each community.

The Christmas season was taken in stride. The entire Up With People cast was given a two week vacation and most of the cast went home. Those cast members who couldn't afford to go all the way home to Europe spent the holidays in the U.S. with other cast members and their families.

Ballenzine explained that the friendships he has formed as part of the cast are unlike any he has ever known. They are a very closely knit group. Someone's leaving affects the entire cast. This cast, which is one of five on tour, has lost only two members since it started touring last July, one to a broken leg and the other to a disease affecting muscles.

After they finish touring the Midwest, they're off to Europe. Ballenzine is looking forward to visiting Scotland, obviously. He still has family there and is anxious to see them all again.

Being a member of Up With People is a unique experience. It allows one to travel, meet many new people, and learn of other societies and cultures throughout the world. Maybe someone from New Ulm will share this experience.

# Governor visits district

by Paul Fischer  
Graphos Reporter

**“There is a strong emphasis on computers and technology which provides students with a chance to exercise their brainpower with the world at their fingertips at an early age.”**

Rudy Perpich, who has deemed himself an “education” governor, visited District 88 schools on December 14, 1988. As part of his “Capital for a Day” schedule, the Governor, Lieutenant Governor Marlene Johnson, and Commissioner of Education, Dr. Ruth Randall, toured Jefferson Elementary School and attended an education breakfast in the New Ulm High School gymnasium.

During the Jefferson tour, Perpich was impressed by the Early Childhood Family Education and the Physical Educational Opportunity Program for Exceptional Learners (PEOPEL) programs. “I am proud to say that some of the best Early Childhood Family Education programs in the entire state exist in New Ulm, Madelia, and St. James,” said Perpich. The Governor stressed that the District 88 elementary school curriculum “gives our children a head start toward a bright future.”

Immediately after the tour, Perpich, Johnson, and Randall arrived at

NUHS for a continental breakfast. Invited educators, students, and citizens from Brown, Blue Earth, Nicollet, Renville, Sibley and Watonwan counties attended the meeting. Entertainment at the breakfast included the Payne Street Singers and Elementary Honors Choir students.

After a welcome from Superintendent Patricia Hanauer, Governor Perpich gave a speech entitled “Education in Minnesota.” He praised area schools for “commitment to quality education.”

Governor Perpich was impressed by the district’s use of computers, especially in the elementary grades. “There is a strong emphasis on computers and technology which provides the students with a chance to exercise their brainpower with the world at their fingertips at an early age,” Perpich commented. He emphasized the need to develop brainpower for the 1990’s and into the 21st century so today’s school children will be trained for the competitive job market tomorrow.

**“The Governor noted that 65 percent of the state budget goes to education.”**

Perpich also praised NUHS’s excellent 98% graduation rate. He also pointed out that Minnesota has the



Governor Perpich addresses students, faculty and community members.

best graduation rate (91 percent) in the nation. The Governor suggested that Minnesota’s “low rates of crime and incarceration” are the results of a low dropout rate.

The Governor also saluted the “unique spirit of care and compassion that can be seen in the commitment of individual families to education.” Perpich recognized the volunteers who “create an environment of educational excellence through community service.”

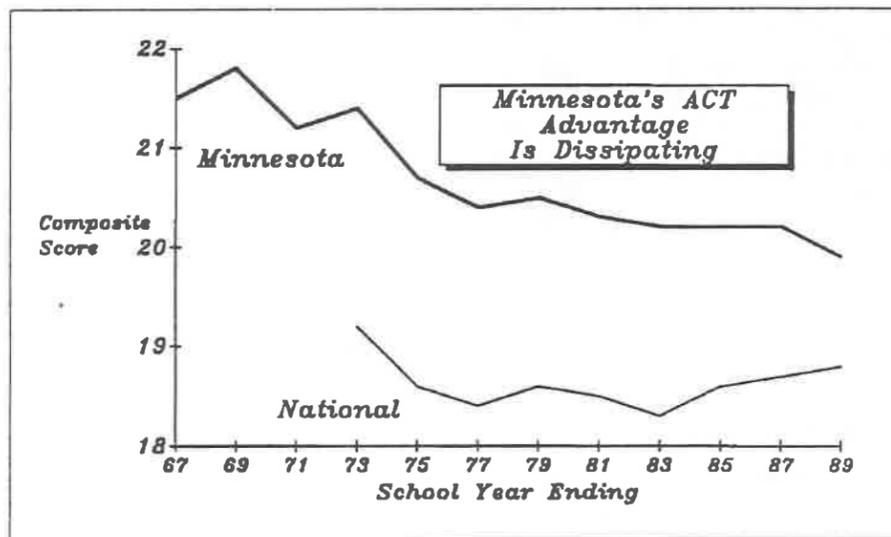
Despite the Governor’s praise, school officials, administrators, students, and citizens were concerned with the recent defeat of the excess levy. They pointed out that many of

the programs being praised would be cut.

Perpich responded that he has squeezed the state budget for more dollars for education. “We do far better than a vast majority of the states,” he said. The Governor noted that 65 percent of the state budget goes to education. “We are making as much money available as possible for education.”

The Governor stated that he would need specific figures and enrollments to assess individual district’s problems. Since 1983 there has been a 26 percent increase in funding for kindergarten through senior high programs.

# Educational excellence declining



by Brad Heilman  
Graphos Reporter

**“the Minnesota average has been slipping.”**

A critical educational report released by Minnesota Legislative Auditor James Nobles on December 21, 1988, has created varying reactions among students and faculty at NUHS.

The report, ordered by the State Legislature, stated that Minnesota’s excellent educational reputation is overstated and out of date, and that many policies and course requirements need revising. It also concluded that while students nationwide have improved their average score on the ACT, the Minnesota average has been slipping.

Many have said that the ACT cannot be used as an indicator of Minnesota’s quality of education. English teacher Robert Jenson observed that when compared with private parochial schools, our public schools naturally have lower results because anyone who wants to take the ACT can take it. Only selected students at parochial schools take the test.

Mathematics teacher Jim Malcolm noticed the greater numbers of students who are now taking the ACT. “On these tests, we have a lot more students taking them, and a greater diversity also, so I think naturally there are going to be lower scores.” Social studies teacher Lowell Liedman noted, “We have to assume that since more kids are taking it, the scores are going to be more marginal.”

**“The ACT in itself is a vehicle that is being updated, but in the past has it been an accurate measuring tool?”**

The accuracy of the ACT has also been questioned. “Standardized tests such as the ACT actually test very little of what is real knowledge or understanding,” said senior Kim Bowar.

Many citizens know that both the ACT and the SAT are being revised. Science teacher Virg Debban explained that the ACT will test more accurately thought, reading, and deductive reasoning. “The ACT in itself is a vehicle that is being updated, but in the past has it been an accurate measuring tool?” Debban asked.

Senior Joel Luker added, “Even though Minnesota’s scores may be declining, they’re still above the national average. However, if we want to stay at the top, then we can’t sit back and let others catch up with us — our systems need to be improved.”

Such systems have also been questioned. Debban observed, “In states where money has not been put into education, in districts like New Ulm, they are going back to basics... We’re doing a disservice in cutting back; I think the kids get condemned.”

**“...Minnesota’s excellent educational reputation is overstated and out of date...”**

A survey of selected NUHS social studies classes found the following: 8% of surveyed students felt that Minnesota’s quality of education is improving, 67% felt that it is decreasing,

and 25% felt that there had been no change. When asked if any educational policies needed revising, 56% responded “yes,” 23% responded “no,” and 21% had no opinion. The survey involved 52 students.

Most students were concerned with the failure of the excess levy referendum. “Citizens should start realizing that they are unable to cut money to schools and still maintain the same excellence in education,” said senior Colin Meier.

Both students and faculty felt that course offerings and requirements should be redone. Debban said that many math classes that have been compressed should be reorganized and that psychology should be reintroduced. One student said that vocational offerings should be cut and that college-prep offerings should be increased. Junior Heather Holm thought more math and science credits should be required.

**“We can’t improve when our attitude is that we’re already at the top.”**

Liedman thought that students can help the situation by cutting back on part-time work. “Some kids now are working 20, 30 hours a week! I think that’s more of a problem; for instance, 20 years ago there was Spanish Club and FFA and all of this, but there weren’t so many jobs.”

The entire situation needs the attention of administrators, state legislators, students, and the general public. In the meantime, however, as one student said, “We can’t improve when our attitude is that we’re already at the top.”

# sports

## Who says . . .



by Colin Meier  
Graphos Reporter

What we have all waited for has finally arrived at NUHS. The effort of coaches and players has come together in one year. The once beatable basketball team has become the beater and the once ignored hockey team has become the center of attention.

**"It has been several years since the Eagles have been as competitive as they have this year."**

The basketball team has made surprising gains during this season. Under Jim Senske the team has flourished. Teams that would normally dominate a game have been given a run for their money by the Eagles. As of right now the hopes for a conference title have diminished, but there is always hope. It has been several years since the Eagles have been as competitive as they have this year. The team's leading scorers include Matt Senske, Tony Hanten, Brian Schmidt, Scott Arlandson, and Josh Crabtree.

The best part of the story is that

when this year's seniors graduate, there will be some more talented juniors to fill their spots. The basketball team has made New Ulm Eagles basketball much more exciting to watch. We hope the team finishes the year strong and comes back stronger next year.

**"The Eagles have actually dominated the ice against some of their rivals."**

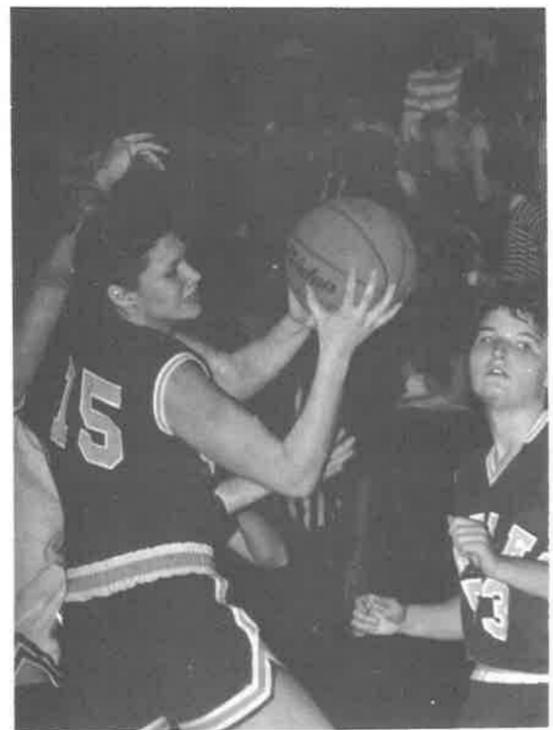
As I said earlier, the once ignored hockey team has some good talent this year. The Eagles have actually dominated the ice against some of their rivals. There have been some awesome highlights from the season so far: five goals in one game and a 8-0 shutout of Hutchinson. The pucksters have made hockey a lot more exciting by taking two games into sudden death overtime, coming out ahead in one and barely losing in the other.

The girls gymnasts have also been doing a good job considering their loss of Heather Holm earlier in the season. The girls suffered a tough loss when they learned after the meet that they had lost by one-tenth of a point. They've tried to be the best that they can be.

Personal bests have characterized the wrestling squad this year. They had lost some key wrestlers last year yet have turned in a good season so far this year.

The girls basketball team has had a tough time. This was somewhat anticipated when the volleyball season was just so-so. The team has graduated a lot of people and have had to do a lot of rebuilding since the likes of Collette Hatle, Shannon Zetah, and Shelly Reinhart dominated girls hoops for three seasons at NUHS. We hope they will be able to have some of that talent return in the future.

Good luck to all Eagle teams as they conclude their regular seasons and gear up for tournament action.



Sophomore Dawn Hatle struggles for control of the ball.

## Lady hoopsters play to win

by Ann Wisniewski  
Graphos Reporter

The NUHS girls' basketball record is not what coach Dan Saari wanted, but he did suspect some problems because of the team's inexperience. The team has been improving and working together very well. Saari feels that "you can't measure a team's success only in the number of wins or losses. It also matters how they work and play together."

**"...he did suspect some problems because of the team's inexperience."**

This year's team consists of 14 players. Kay Gaylord and Kathy Olson are the only seniors. The junior members include Jen Lomax, Laurie Koss, Peggy Kokesch, Kari and Teri Koop, Stacy Bauer, Brenda Brunner, and Kim Burnett. Holly Fischer, Dawn Hatle, Bobbi Jo Drum, and Michelle Esser are the sophomore members.

There are many strong points that

have helped the team's situation. "They are excellent at ball handling and do very well at shooting," Saari stated.

**"Saari feels that the most important part of any varsity program is 'having fun (the coach too), getting along with each other, and working together.'"**

Some goals that the team has for the rest of the season are to win the rest of their games and also to win the sub-region. Many individuals have also set their own personal goals.

Some highlights of this year's season have been the holiday tournament in the cities (staying in a hotel) and the victory over St. James.

Saari feels that the most important part of any varsity program is "having fun (the coach too), getting along with each other, and working together."

The rest of the season looks brighter Saari feels. "The team has a chance of winning the remainder of its games if they really play well."

## Hockey team rides rollercoaster

by Josh Crabtree  
Graphos Reporter

**"Sometimes we're up and sometimes we're down."**

Up and down the rollercoaster goes; where it stops nobody knows. That is the way the New Ulm Hockey coaches, Tom Macho and Mike MacMillan, described their team's season so far. Both coaches said, "Our seasons have been a rollercoaster ride. Sometimes we're up and sometimes we're down."

According to the coaches the hockey team has two real strong points, defense and team play. Macho said, "I am really pleased with the way the guys play together and that they are always working hard." MacMillan likes the players' positive attitude and the good senior leadership.

Things are looking up for New Ulm hockey. The team finished with only four wins last year, but at this writing there are five victories in the win column with half the season left.

According to Macho, "Scoring is probably the most prominent weakness

we have." To win five games this season some scoring had to be done. The line of Chad Roeder, Rick Kobs and Tom Hudrlik has come up with most of the goals this season, although

the other lines have been scoring more lately.

Both coaches look for the offense to be the strong point of the team next year. They have a strong nucleus of



Chad Roeder skates toward a loose puck.

senior defensemen this year, one reason why the defense is a strong point of the team. On the other hand, the offense, which primarily consists of juniors this year, will be back in full force next year.

Replacing the senior goalies, Joel Luker, Butch Plagge and Brian Lieb, is going to be tough, but juniors Dale Anderson and Dwight Flitter will have to fill the void next year.

**"I am really pleased with the way the guys play together and that they are always working hard."**

When you compare the Eagles with the opponents they have played, the records of all the teams are fairly equal. "Our team and the teams we play are pretty evenly matched," observed Macho. Both coaches feel that when the team is hot they can play with anyone on their schedule.

A good team plays consistently at its best. The coaches and hockey fans are hoping that the New Ulm rollercoaster is going to stop on the upswing and stay there.

# Fritz hoping for post-season success

by Jessie Sandau  
Graphos Reporter

routine is good," said Fritz about how their performances will have to go this season.

**"This year, however, there is a good possibility that only individuals will gain a conference or regional title."**

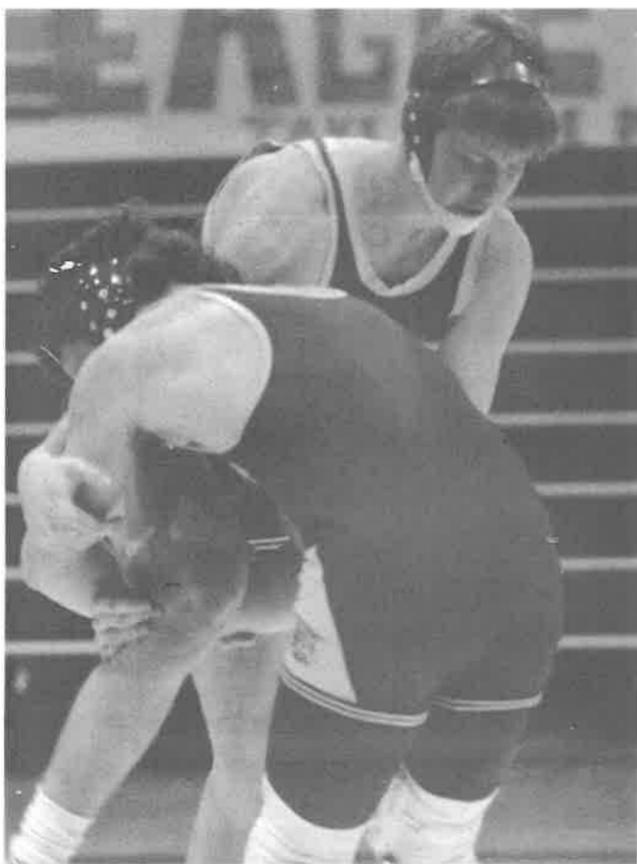
**"Fritz hopes that everyone will improve enough to make up the difference."**

Although Fairmont has been the dominant power in conference gymnastics, head coach Sandy Fritz feels that there is a good chance for New Ulm to regain the conference title next year. This year, however, there is a good possibility that only individuals will gain a conference or regional title.

Next year coach Fritz has high hopes for the team, but "Janel is our top point-getter and, of course, when you lose that person you will have to make up for it somehow." How the team is going to come up with those extra points is not yet known. Fritz hopes that everyone will improve enough to make up the difference.

Team members, Steph Schiltz, Stacy Earl, Cindy Mattes, Nicki Fluegge, Sara Peterson, Sheri Preisinger, Kim Milbrath, Steph Soukup, and captain Janel Maurer will have to work on improving their individual floor routines for a medal or conference placing. "There is a good chance Stacy and Janel could get medals if their floor

The budget cuts are also beginning to be felt by the team. "Right now I personally buy all of the team's routine music. And anything extra we need next year will probably be coming out of my own pocket." Because of these reductions, the team might have to make do with a little less, but Fritz is positive she will coach a good team next year.



Wade Erickson wrestles his way out of a tight spot.

## Grapplers make weight

by Bobbi Jo Drum  
Graphos Reporter

**"It is this excessive dieting that often gives wrestling a negative reputation."**

Like any other athlete, wrestlers dedicate many hours of practice to their sport. They often give up much more than their time, however, including their regular diet.

Wrestlers frequently diet to maintain their weight or to get into a lower weight class. Depending upon the amount of weight they have to lose, wrestlers diet continually throughout the season or diet for a few days before a match in order to "make weight."

**"Dieting makes a lot of people grumpy."**

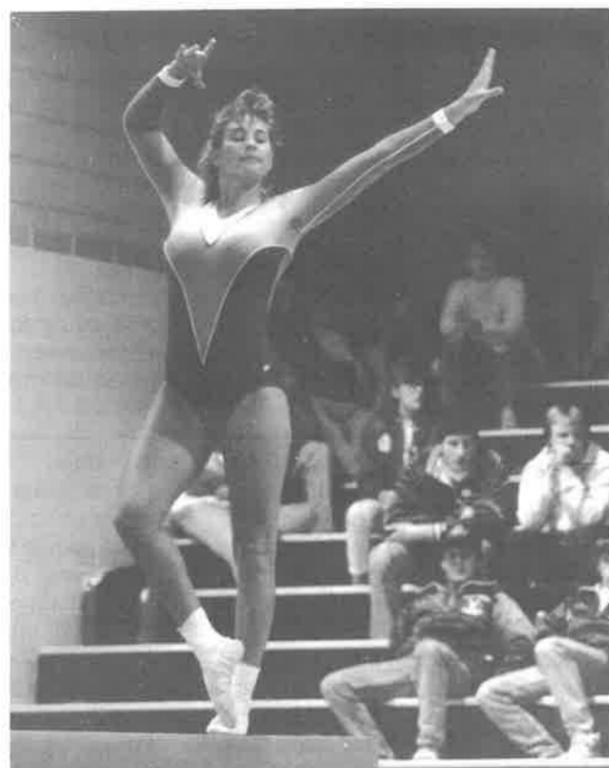
Although most wrestlers diet safely, there are a few who abuse dieting and

lose an unhealthy amount of weight. Wrestlers who lose a lot of weight often find that they are too weak and unable to perform up to their potential. It is this excessive dieting that often gives wrestling a negative reputation.

Senior captain Tom Sunderman, who has lost about twenty pounds this wrestling season, says that the dieting done for wrestling changes many wrestlers personalities. "Dieting makes a lot of people grumpy," stated Sunderman.

What foods do New Ulm wrestlers crave most when dieting for a match? Although "everything" was a popular response, pizza and chocolate ice cream ranked near the top on several wrestlers' lists.

Wrestling offers participants the excitement and one-on-one competition they obviously enjoy, and not even double chocolate ice cream can lure them away from this "grumpy" sport.



Cindy Mattes exhibits grace on the balance beam.



Brian Schmidt, Andy Hammerschmidt, Mark Grossmann, Josh Crabtree and Tony Hanten look confused. Hey guys, where's the ball?

**"Player respect for a coach is one of the most important factors of a winning team."**

Senior co-captain Tony Hanten says Senske can win because "He knows what he wants and knows how to get you to do it." This seemed to be the general consensus of most of the players. Some even went so far as to call his motivation tactics "harsh" but then added, "they also work." Others said that he's able to lead them because "the players respect him and his strategies. Player respect for a coach is one of the most important factors of a winning team."

Senske's strategies include an emphasis on defense and the use of fast breaks. According to senior Bill Jensen, they have also developed more of an "outside game"; whereas, last year they tried to work the ball inside with more of a power game.

The players felt Senske does a good job utilizing the team's advantages while protecting their weak spots. "Weak spots" were defined by them as a lack of team speed and poor rebounding; their size, depth, and balanced scoring were listed as being their biggest advantages. As Hanten said, "He (Senske) works us hard on our weaknesses every day so they become our strengths."

## Eagle cagers improving under new coach

by Joel Luker  
Graphos Reporter

**"He compiled a record of 91-85 and took the 1974-1975 team to the state tournament."**

Like the football team, this year's NUHS boys' basketball team has experienced a coaching change. Also

similar to the football team's change is the fact that while the players are listening to a new coach, he's a coach who has been involved with New Ulm boys' basketball before.

Taking over for Dave Hartmann, last year's head coach, is Jim Senske,

who had coached basketball at NUHS from 1969-1976. He compiled a record of 91-85 and took the 1974-1975 team to the state tournament. This year he has led the Eagles to a record of 9-4 at the time of this writing, which is much improved over last year's record of 6-14.